



MILK GO!

The Life Cycle Challenge!

L&T Expo Hong Kong 2024 - Innovation Classroom

From Farm to Fridge

Tackling (Milk's) Environmental Challenges through a Lifecycle Game

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SUSTAINABILITY EDUCATION



**CARBON
DISCLOSURE**

NET ZERO

ESG

ECO-LABELS

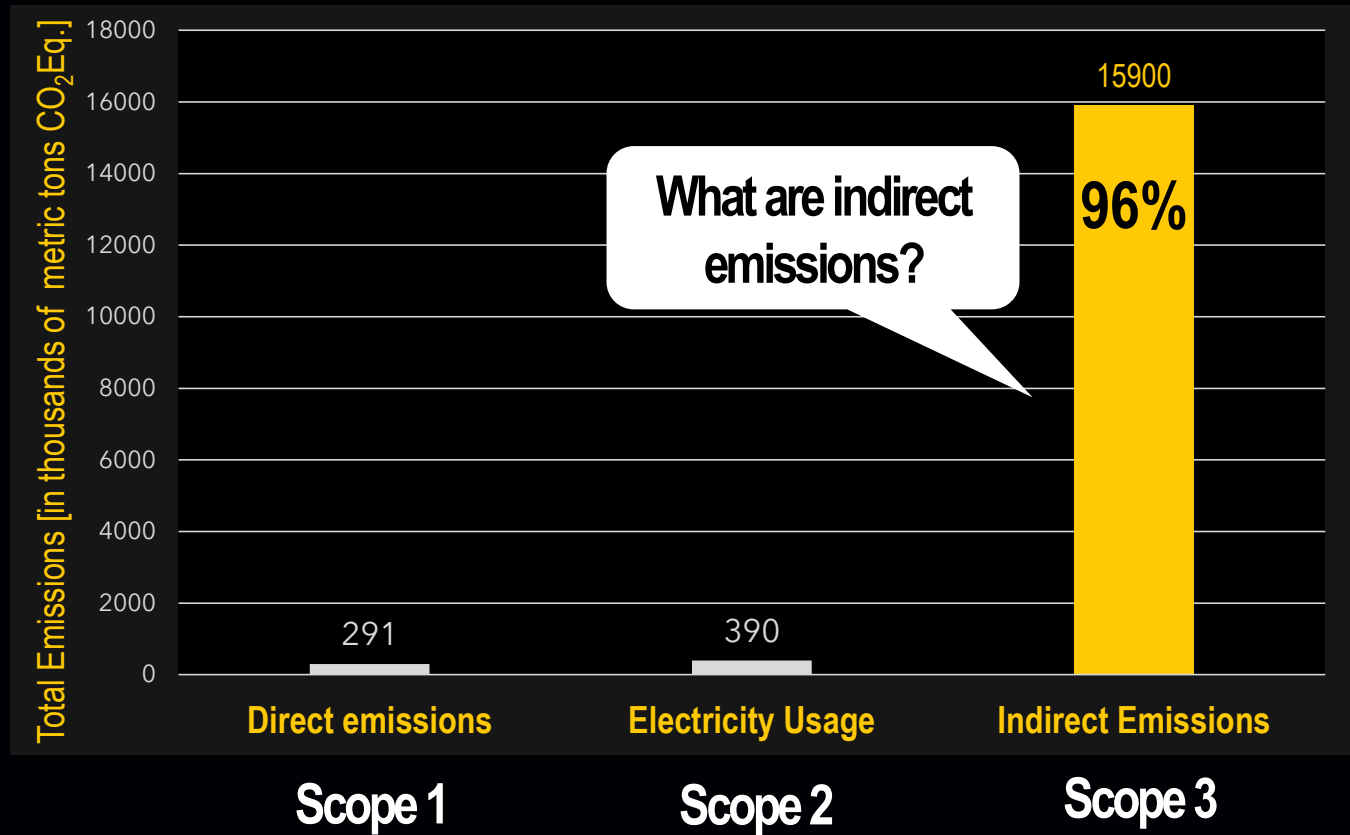
**SUSTAINABLE
PRODUCT DESIGN**

COMPANIES' CONTRIBUTION to climate change



Climate Strategy

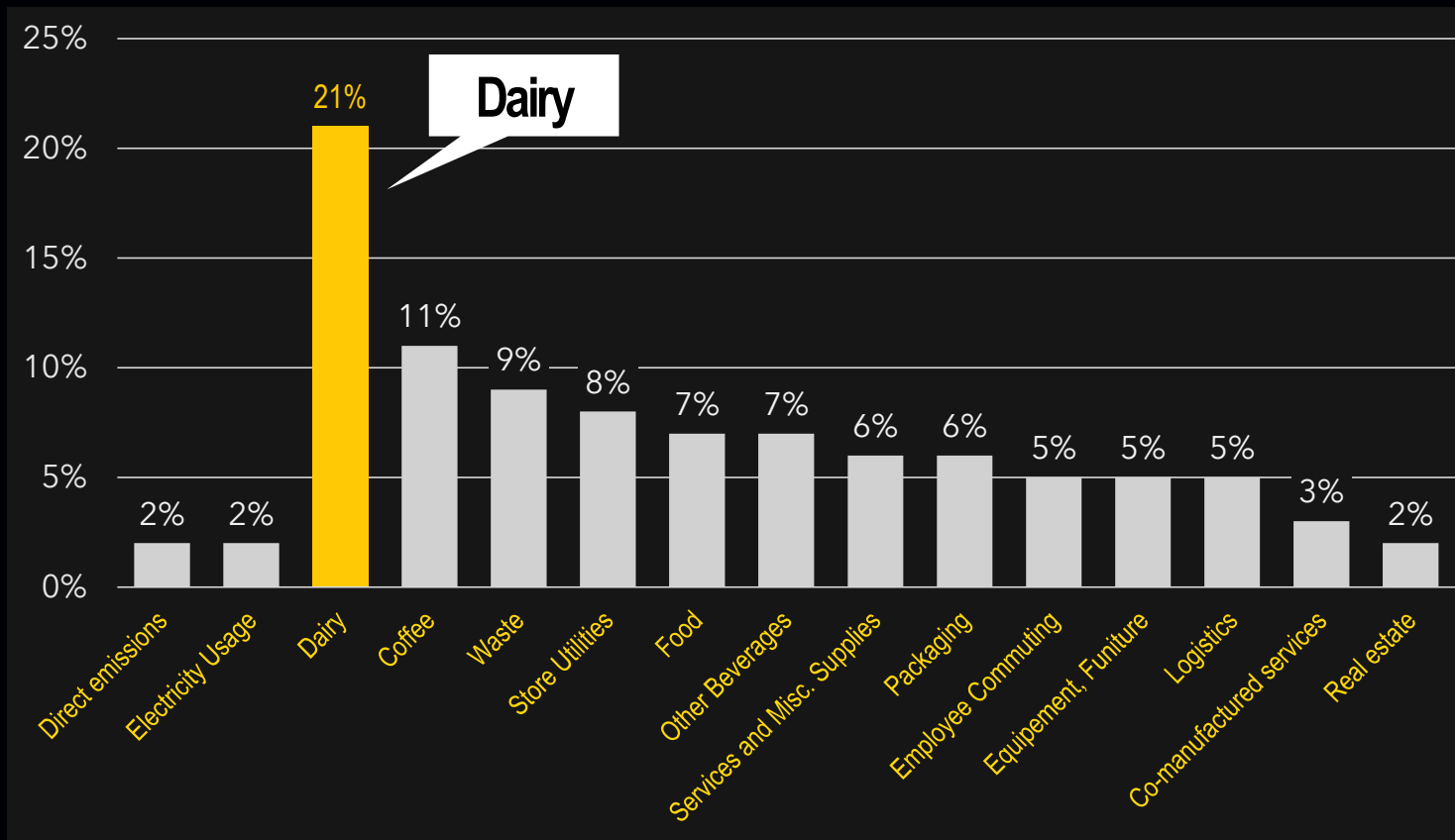
The graph on the right shows typical scope 1-3 emissions of Starbucks (FY 2017)



COMPANIES' CONTRIBUTION to climate change



Most of the greenhouse gas emissions come from **milk** and other dairy products.



MILK GO!

The Life Cycle Challenge!





Phase I

Game Tutorial



PHASE I

Centre Area Set Up



20+ Years Old / Choose 1 card from the deck
\$

10 Years Old
\$\$

5 Years Old
\$\$\$

Now
\$\$\$\$

Future Timeline

Climate Impact Track

Eutrophication Impact Track

Toxicity Impact Track

0 5 10 15 20

0 5 10 15 20

0 5 10 15 20

Player(s) with the lowest impact per category gain(s) 1 reputation. Player(s) with the lowest combined impact gain(s) 1 extra reputation.

Process

Process

PHASE I

Player Area Set Up



11 Lv1 Processes that match the Player's Colour

Player's Colour

Reputation Track

Bank

Redbird Farm

Do (may repeat) up to 3 of the following:

- Fundraise** Gain \$1 from the box
- Sell Off** Return 1 Process to the 20+ Years Old slot on the Timeline and get \$2
- R&D** Pay and get 1 Process from the Timeline

Anytime during your turn, freely arrange Processes in your Life Cycle. Leftover Processes must be kept in your Hand.

At the end of your turn, discard to no more than 3 Processes in Hand, then shift and flip over new Processes on the Timeline.

START Raw Material

The 1st Process must be connected to this Route.

Processing & Packaging

The 1st Process must be connected to this Route.

Distribution

The 1st Process must be connected to this Route.

Consumption & Disposal

The 1st Process must be connected to this Route.

The last Process must be a Transport and connected to 1 of these Routes on the right.

The last Process must be a Transport and connected to 1 of these Routes on the right.

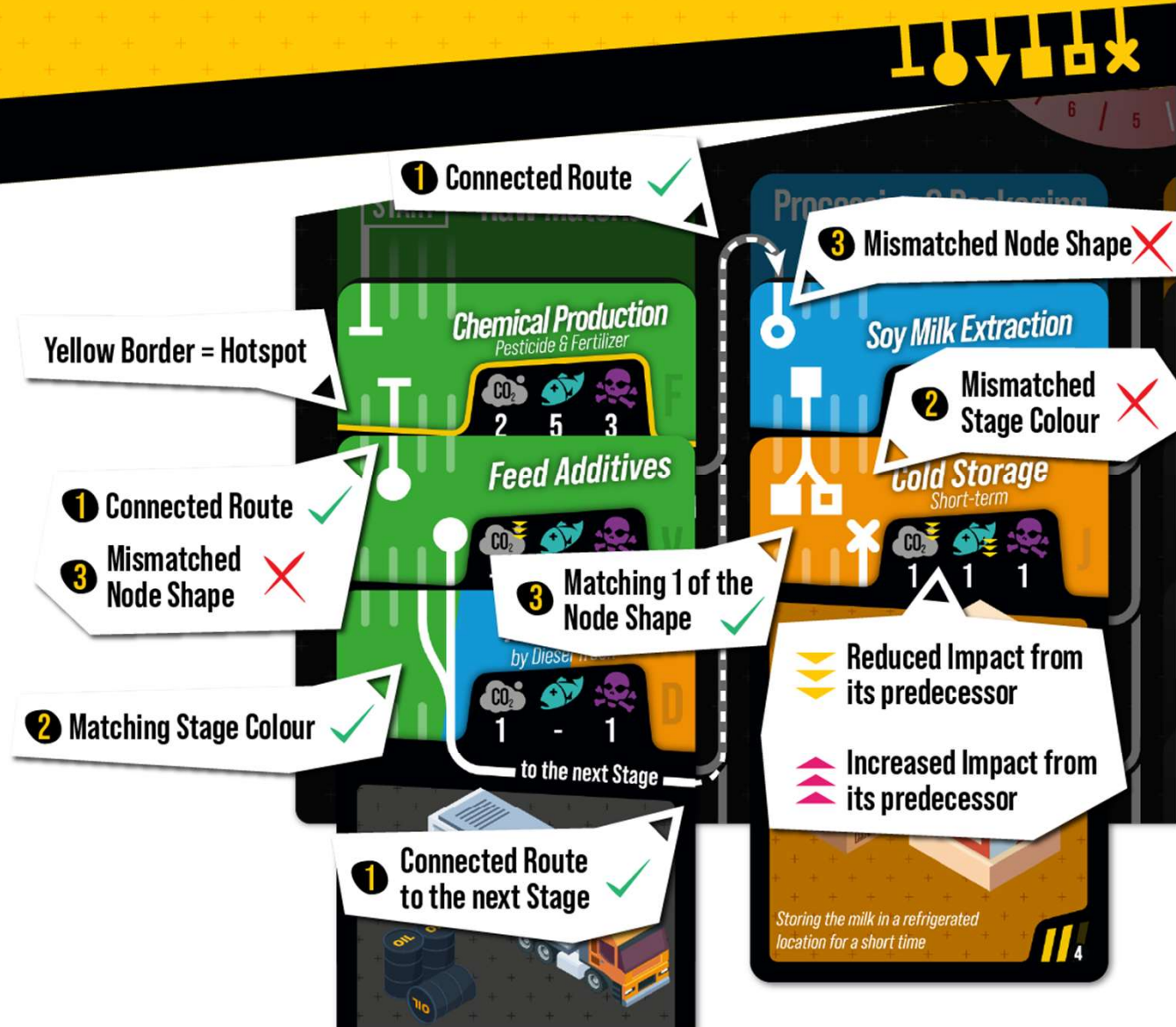
The last Process must be a Transport and connected to 1 of these Routes on the right.

MLX Co. - The Life Cycle Challenge

PHASE I

3 Rules to build Life Cycle

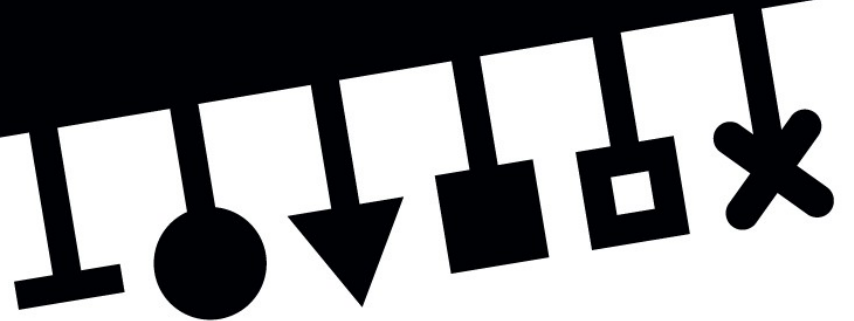
1. Connecting Routes
2. Matching Stage Colour
3. Matching Shape of End Nodes





Phase I

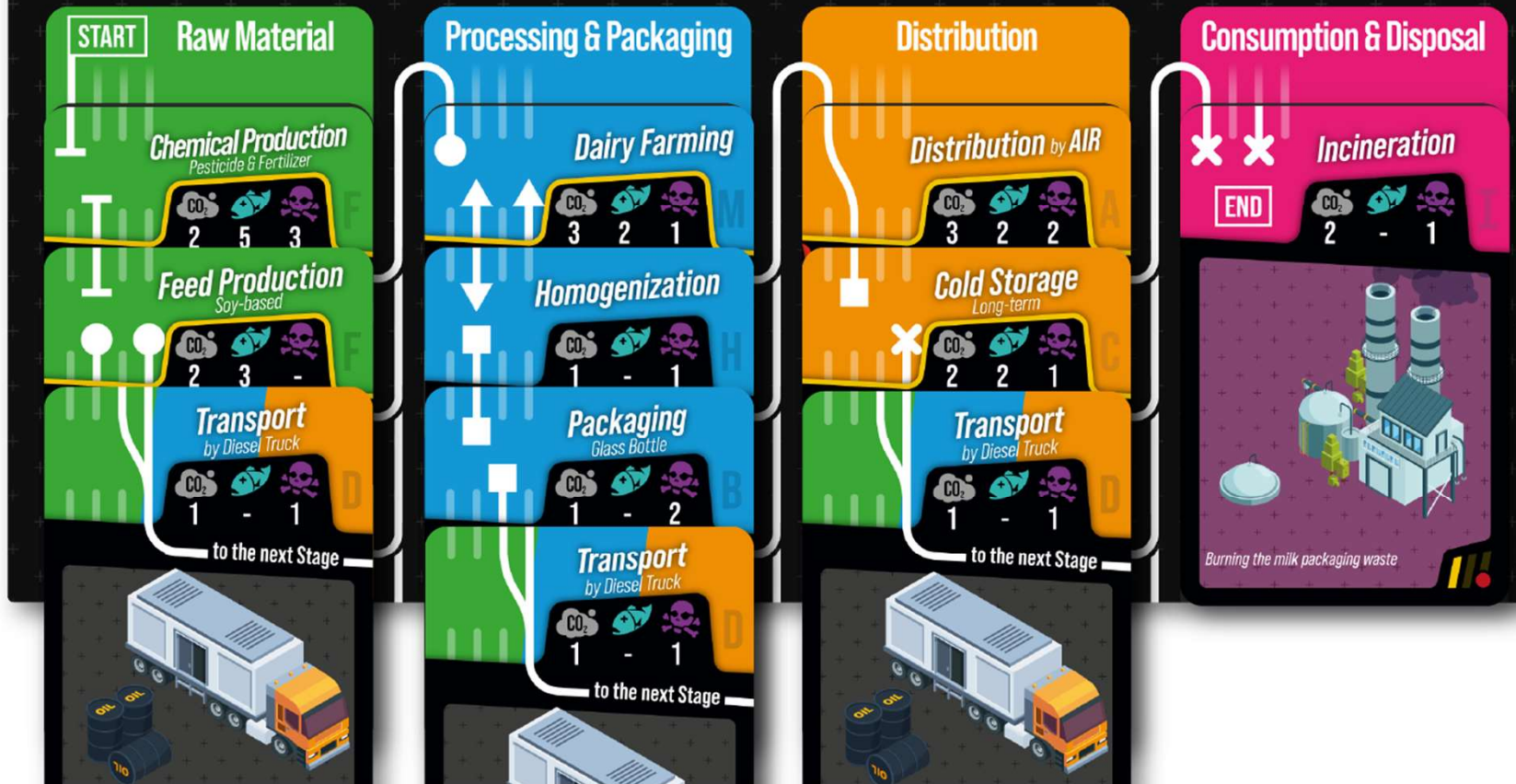
- The 1st Player gains 1 Reputation -



PHASE I

The Complete Life Cycle

At the end of your turn, discard to no more than 3 Processes in Hand, then shift and flip over new Processes on the Timeline.



LIFE CYCLE STAGES

Any product goes through some or all LC stages



Raw material Production



Ingredient Manufacturing & Processing



Production



Packaging & Distribution



Disposal (End of Life)



Disposal (End of Life)



Use



Retail

LIFE CYCLE PROCESSES

Processes in each LC stage can differ between products



Raw material Production

Processes: e.g., Farming, Oil extraction, ...



Ingredient Manufacturing & Processing



Production

e.g., Food Processing, Chemical Processing, ...



Packaging & Distribution



Disposal (End of Life)

e.g., Landfill, Recycling, ...



Disposal (End of Life)

e.g., Wastewater Treatment



Use

e.g., Eating & Drinking, Doing laundry, ...

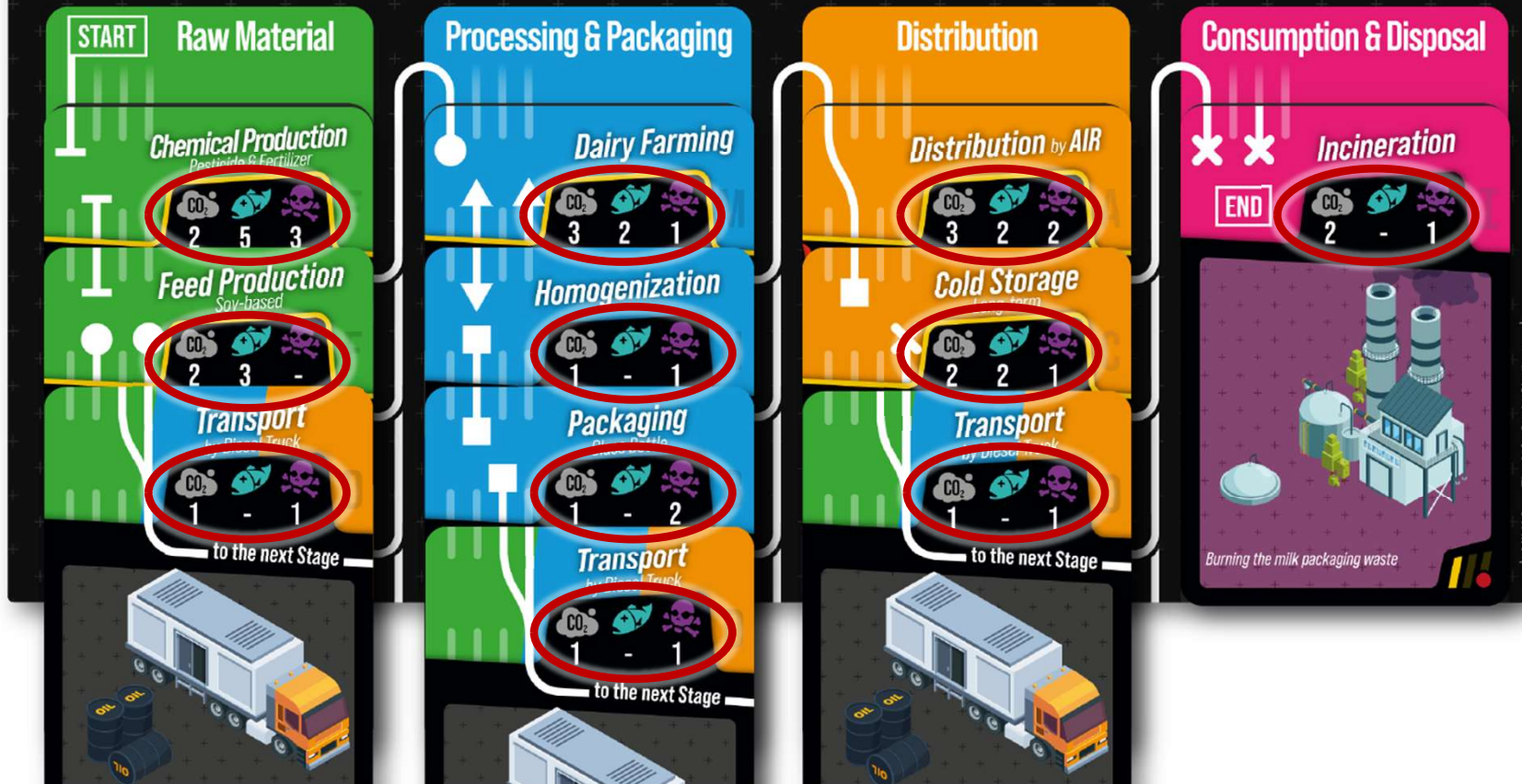


Retail

ENVIRONMENTAL IMPACTS...

...happen in every single life cycle stage

At the end of your turn, discard to no more than 3 Processes in Hand, then shift and flip over new Processes on the Timeline.



PHASE I

Scoring: Add up the Impacts of each Category



Over Winner: (15+15+11=41)
 gains 1 more Reputation.

20+ Years Old
\$

10 Years Old
\$\$

5 Years Old
\$\$\$

Now
\$\$\$\$

Future Timeline

Climate
CO₂

Eutrophication
Eu

Toxicity
Tx

0

10

15

20

Category Winner: gains 1 Reputation.

Category Winner: & Both gain 1 Reputation.

Category Winner: gains 1 Reputation.

Player(s) with the lowest Impact per category gain(s) 1 Reputation.
 Player(s) with the lowest combined Impact gain(s) 1 extra Reputation.

ENVIRONMENTAL IMPACTS

3 Categories



20+ Years Old
\$

10 Years Old
\$\$

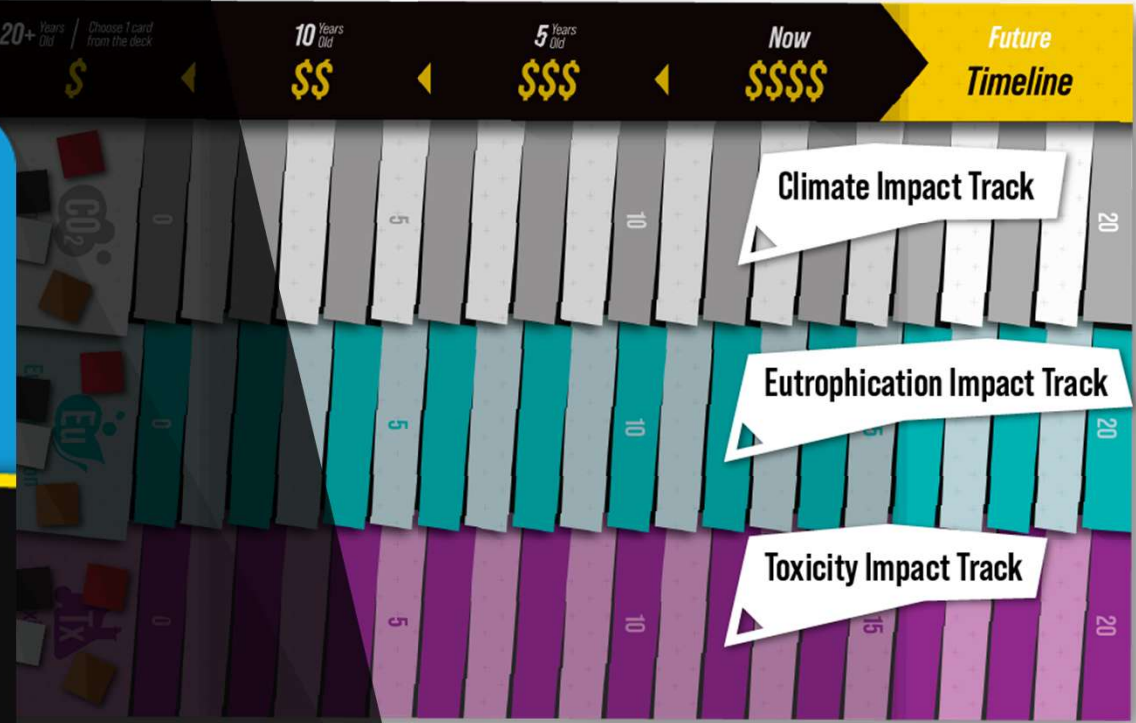
5 Years Old
\$\$\$

Now
\$\$\$\$

Future
Timeline

Dairy Farming

CO₂ +3 Fish +2 Skull +1



Climate Impact Track

Eutrophication Impact Track

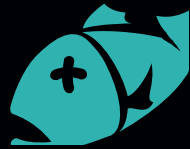
Toxicity Impact Track

ENVIRONMENTAL IMPACTS

3 Categories



Climate Change



Eutrophication



Toxicity

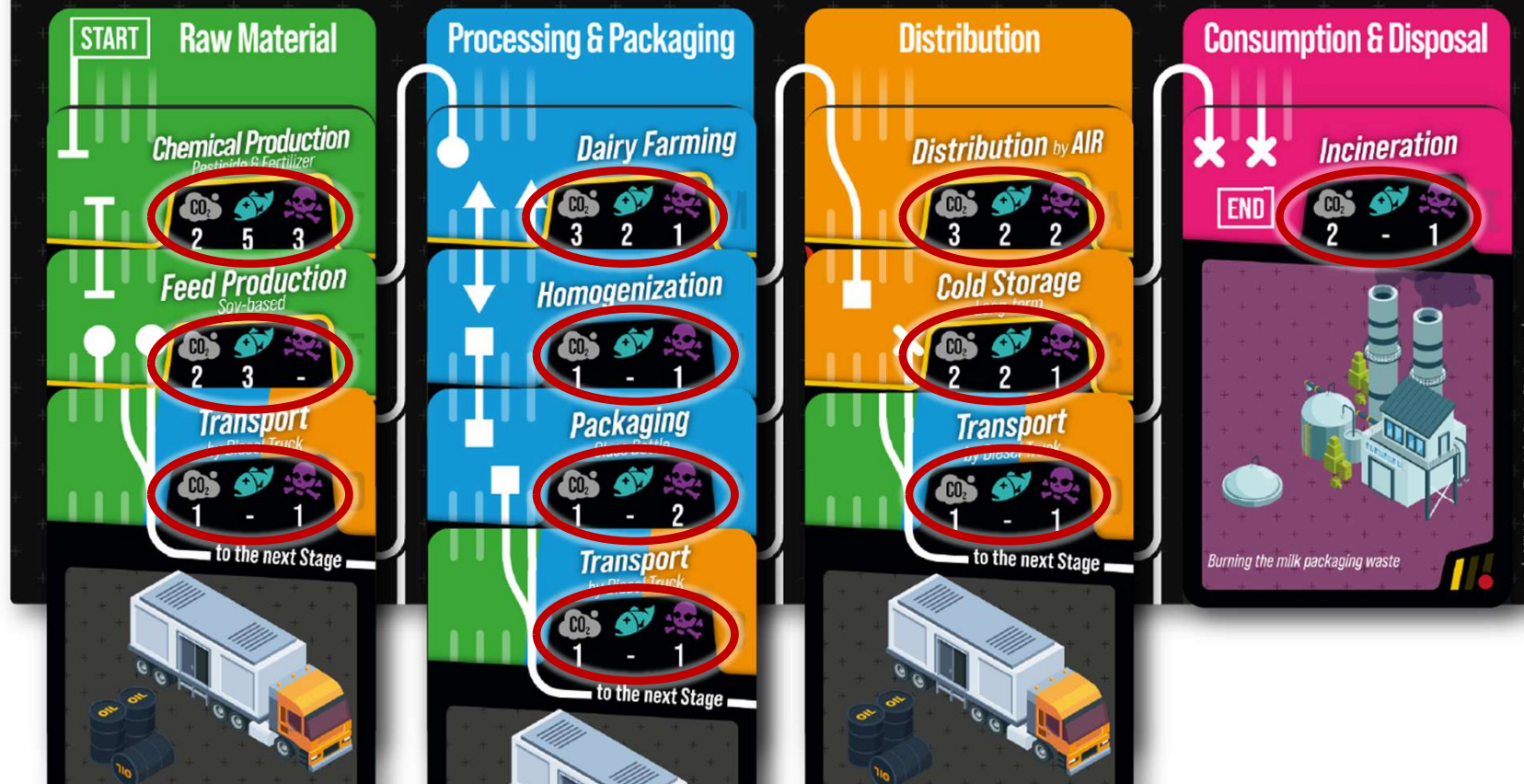
LIFE CYCLE ASSESSMENT

Standard Tool to quantify Environmental Impacts

At the end of your turn, discard to no more than 3 Processes in Hand, then shift and flip over new Processes on the Timeline.

Life Cycle Assessment helps to systematically quantify a product's total

- resource use &
- emissions (waste) to the environment.

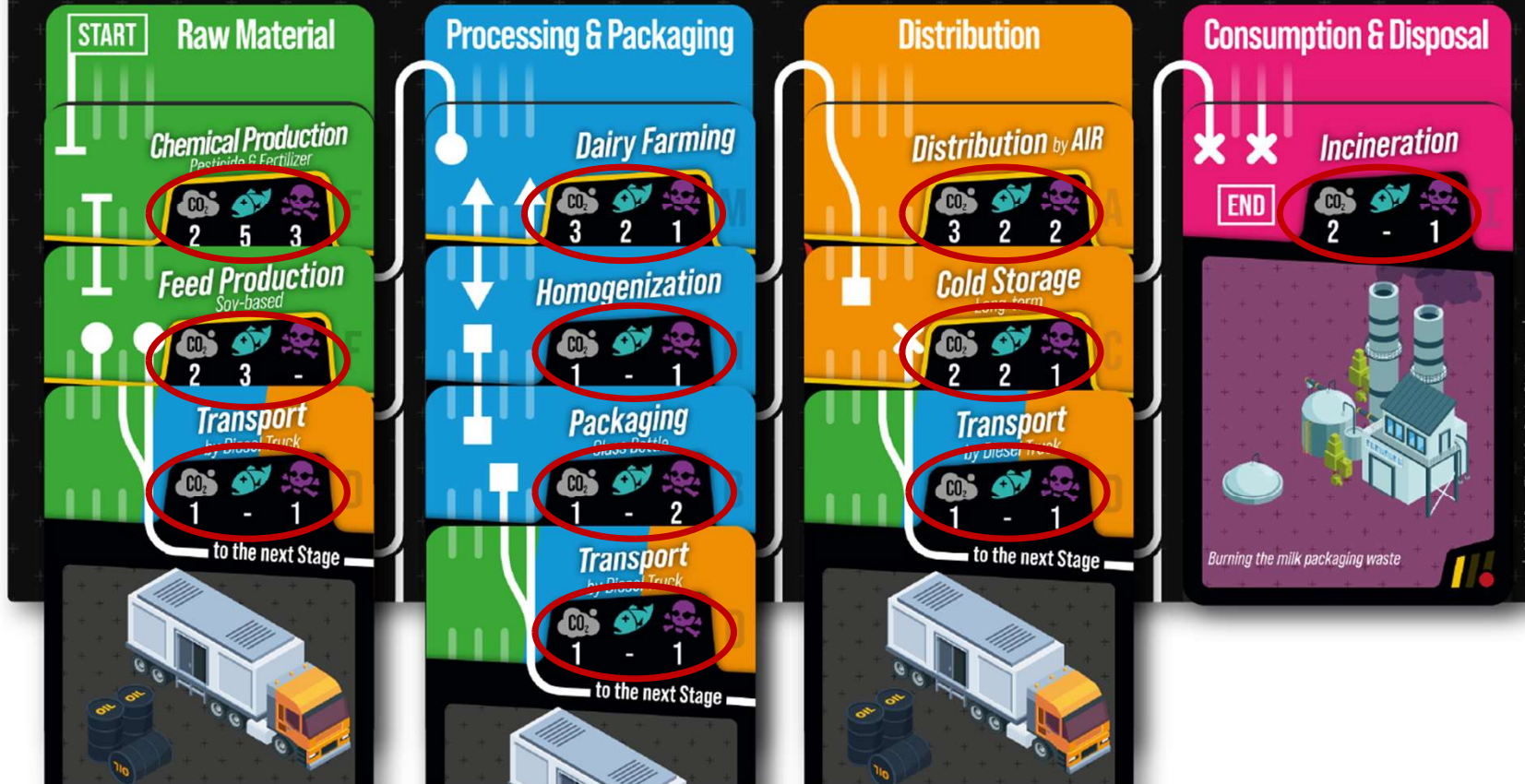


HOTSPOTS

What are the greenhouse gas emission hotspots?

At the end of your turn, discard to no more than 3 Processes in Hand, then shift and flip over new Processes on the Timeline.

HOT SPOT
An activity or process within a product's life cycle that has the largest environmental impacts





Phase II

Playthrough demonstration





GAMEPLAY DEMO

ROUND 1



Turn Start

Action #1 Fundraise

Action #2 Sell Off

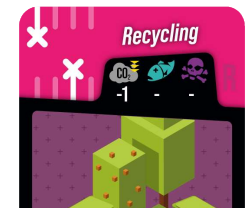


Turn Start

Action #1 Fundraise

Action #2 Sell Off

Action #3 R&D



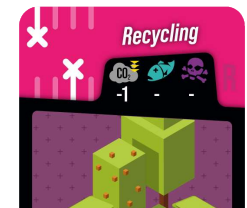
Turn Start

Action #1 Fundraise

Action #2 Sell Off

Action #3 R&D

Build Life Cycle



Turn Start

Action #1 Fundraise

Action #2 Sell Off

Action #3 R&D

Build Life Cycle

Turn End





continue...

ROUND 2



Turn Start

Action #1 R&D

Action #2 Sell Off



Turn Start

Action #1 R&D

Action #2 Sell Off

Action #3 R&D



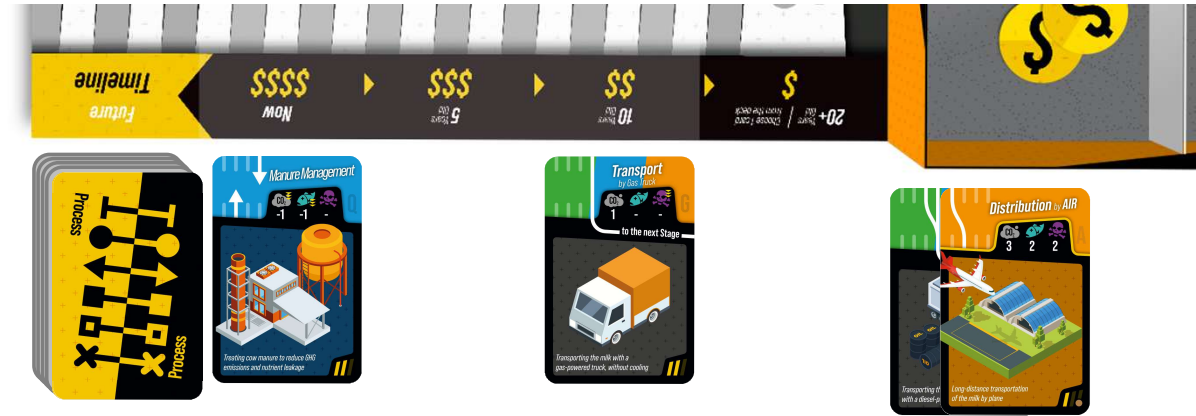
Turn Start

Action #1 R&D

Action #2 Sell Off

Action #3 R&D

Build Life Cycle



Turn Start

Action #1 R&D

Action #2 Sell Off

Action #3 R&D

Build Life Cycle

Turn End

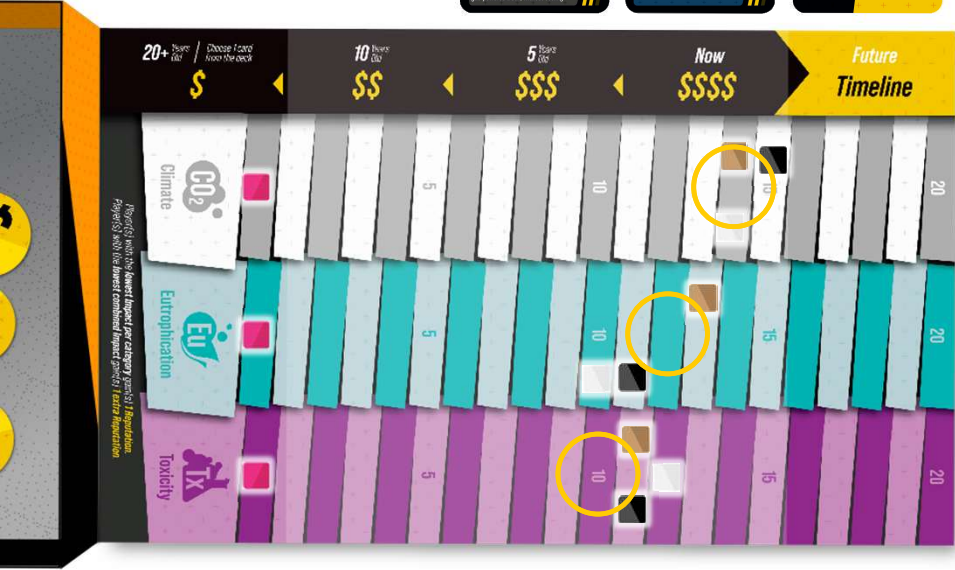




GAME END

End Condition & Final Scoring

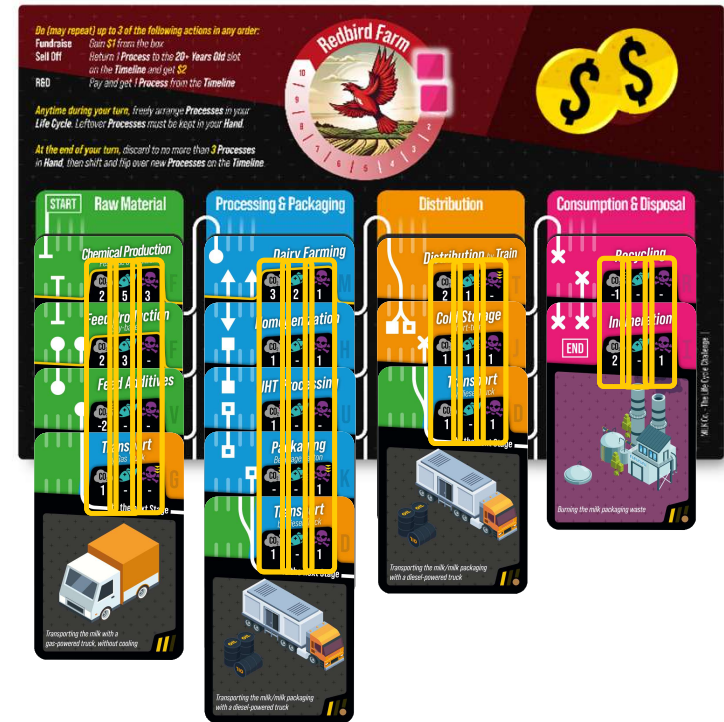




Turn End

If the Future Deck is empty, the game ends immediately.

Final Scoring: Player with the least Impact per track gains 1 Victory Point.



Every player adds up the 3 types of Impacts of their Life Cycle and compare.



Phase III

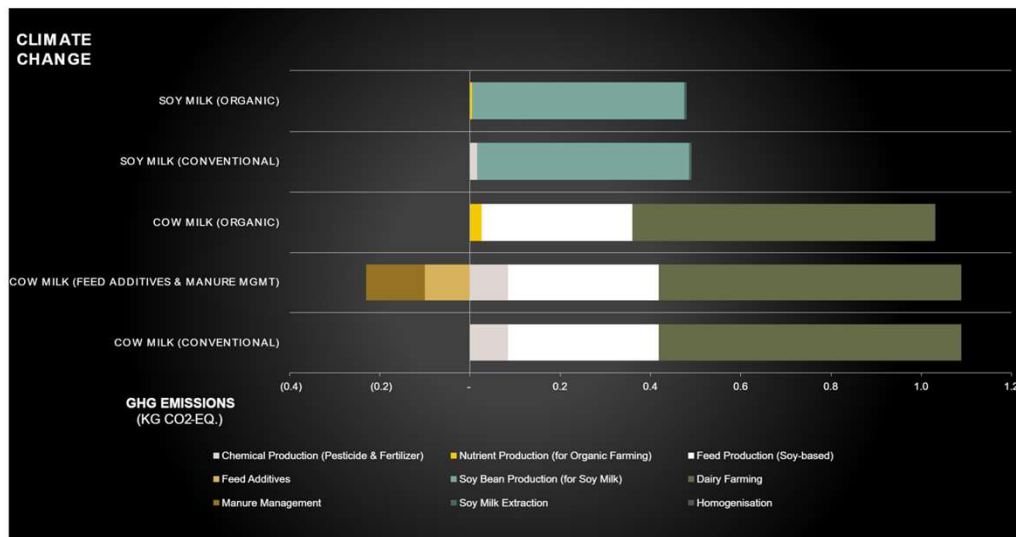
Overview



PHASE III



- Conversion of Game outcomes into actual data
- student groups explore effectiveness of strategies to reduce environmental impacts and pitch their strategies



Category	Process	ID	GHG Emissions (kg CO ₂ -eq.)	Eutrophication (kg PO ₄ -eq.)	Toxicity (kg 1,4 DCB-eq.)
Fertilizer Production	Chemical Production (Pesticide & Fertilizer)	F	-	-	-
Fertilizer Production	Nutrient Production (for Organic Farming)	O	0.027	0.000	-
Farming	Feed Production (Soy-based)	P	0.334	0.334	0.334
Farming	Feed Additives	V	-	-	-
Farming	Soy Bean Production (for Soy Milk)	Y	-	-	-
Short distance transport	Transport (by Diesel Truck)	D	0.013	0.000	0.106
Short distance transport	Transport (by Gas Truck)	G	-	-	-
Short distance transport	Transport (by EV Truck (RE))	E	-	-	-
Milk Production & Processii	Dairy Farming	M	0.670	0.003	0.001
Milk Production & Processii	Manure Management	Q	-	-	-
Milk Production & Processii	Homogenisation	H	0.001	0.000	0.002
Milk Production & Processii	UHT Processing	U	-	-	-
Packaging	Packaging (Glass Bottle)	B	0.405	-	0.017
Packaging	Packaging (Beverage Carton)	K	-	-	-
Short distance transport	Transport (by Diesel Truck)	D	0.013	0.000	0.106
Short distance transport	Transport (by Gas Truck)	G	-	-	-
Short distance transport	Transport (by EV Truck (RE))	E	-	-	-
Long distance transport	Distribution (by AIR)	A	7.610	0.000	60.000
Long distance transport	Distribution (by SEA)	S	-	-	-
Long distance transport	Distribution (by TRAIN)	T	-	-	-
Long distance transport	Local Distribution	L	-	-	-
Storage and Cooling	Cold Storage (Long-term)	C	0.340	0.000	-
Storage and Cooling	Cold Storage (Short-term)	J	-	-	-
Storage and Cooling	General storage (no cooling)	Z	-	-	-
Short distance transport	Transport (by Diesel Truck)	D	0.013	0.000	0.106
Short distance transport	Transport (by Gas Truck)	G	-	-	-
Short distance transport	Transport (by EV Truck (RE))	E	-	-	-
Packaging End of Life	Incineration	I	0.449	(0.000)	(0.330)
Packaging End of Life	Landfill (with Energy Recovery)	N	-	-	-
Packaging End of Life	Landfill (without Energy Recovery)	R	-	-	-
Packaging End of Life	Recycling	W	-	-	-



REFLECTION



REFLECTION

Gameplay Classroom Observations – University Context



Opportunities/ Advantages

- Game concept applicable to a wide range of subjects and settings (engineering, green finance, circular economy)
- Game design in phases
 - allows for flexible use (workshops, regular classes, 45min – 3 hours)
 - good mix of gaming and debriefing (after phase 1, after phase 2)
- Strong class engagement and interest (70% of students found the game fascinating, n=56)
- Sparks interest beyond class (80% of students found the game content useful, 50% wanted to learn more about the topic, n=56)

Challenges

- Resource intensive (man-power, training facilitators/colleagues, maintaining games)

REFLECTION

Gameplay Classroom Observations – University Context



Target Audience	Effectiveness	Challenges	Ways to address
High School Students	<ul style="list-style-type: none">• Offers variety in learning tools for different learners in class• Use with 15+ years for richer discussions• Applicable in illustrating concepts in General Science/ Geography/ Biology/Chemistry subjects	<ul style="list-style-type: none">• Provide suitable context	<ul style="list-style-type: none">• Spend time building up 'story'
		<ul style="list-style-type: none">• Ensure achievement of student learning outcomes	<ul style="list-style-type: none">• Prepare guiding questions for small group discussions• Design worksheets with Q&A to highlight terminology and basic concepts
		<ul style="list-style-type: none">• Big class size	<ul style="list-style-type: none">• Run game with additional facilitators
Adults	<ul style="list-style-type: none">• Fun and educational team bonding activity• Relevant for discussing product design, supply chain and stakeholder engagement issues	<ul style="list-style-type: none">• Less familiar with play or cannot remember all rules	<ul style="list-style-type: none">• Demonstrate player actions• Allow paired work

REFLECTION

Game Design Process



- Design learning first, then mechanics
 - Fewer but clearer key learnings
 - Embed more simple messages
 - Learnings align with player's intrinsic behaviours
 - Curate "Learning from Failures"
 - Respect & Leverage on existing Game Standards
 - Minimize Rules, then Maximize Options
 - Design "Onboarding Experience"
 - A "Good Serious Game" must be a "Good Game" first

REFLECTION

Workshop Facilitation



- "Primary Rules" **over** "Secondary Rules"
- "Demonstration" **over** "Description"
 - "Actions" **over** "Strategies"
 - "Game first, Learn later" **over** "Game and Learn together"
 - "Rationale" **over** "Outcome"
 - Learn through Addressing the Limits
 - Game the "game"



Q&A

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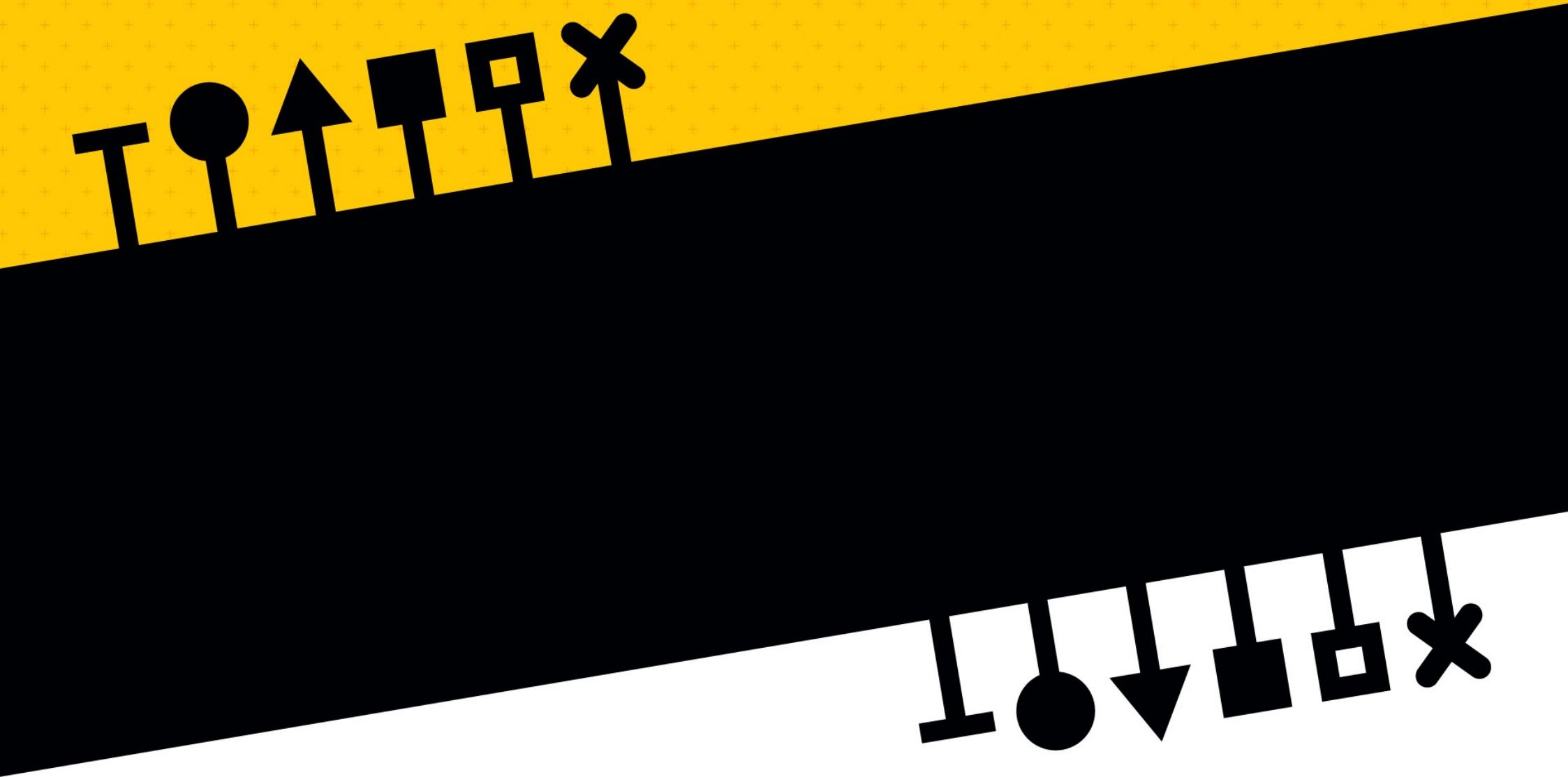
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Subtitle

