

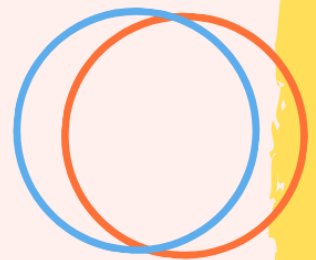
10

一起做運動

Let's Do Exercise Together



一起運動踢踢波，
一起轉轉呼拉圈。
跑跑跳跳運動多。
健康的小朋友啊！



重點詞語

Key vocabulary

踢波(球)

Kick the ball

轉呼拉圈

Spin the hula hoop

運動

Exercise

健康

Health



歌詞直譯

Lyrics translation

一起	做	運動
Together	do	exercise

一起	運動	踢踢	波	,
Together	exercise	kick kick	ball	,

一起	轉轉	呼拉圈	。
Together	spin spin	hula hoop	.

跑跑	跳跳	運動	多	。
Run run	jump jump	exercise	much	.

健康的	小朋友	啊	!
Healthy	kid	oh	!



主題: K2-5 運動
Topic: K2-5 Sports

歌曲: 一起做運動
Song: Let's Do Exercise Together

Youtube

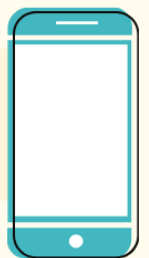


Let's Do exercise



1

Scan the QR code and play the clips.



Kid song:
Do exercise with me



Click here:

<https://www.youtube.com/watch?v=Q6DqHKFYIjs>

Kid's yoga



Click here:

<https://www.youtube.com/watch?v=oYI0TPJOuGk>

2

Do exercise with your kid.



Materials

Mobile phone



Listen to the song and do exercise!



Finish? Well done!

Date :

Parent's
signature :