Affective Education (AE) for Gifted Learners

- Sharing of the Practical Experiences from the HKAGE

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What is AE?

**Broad Definition**
- Developing students’ values and morals and sense of altruism to serve others

**Narrow Definition**
- Support to help students in their social and emotional well-being (Kuo, 2009)
Why AE?

- Holistic development of the gifted
- Caring for the overall well-being of the gifted child
- Future leaders and major contributors to society
Why AE related to GE?

Gifted learners always have these affective traits:

- Shows the tendency to be highly emotional, excitable and sensitive;
- A high sensitivity to moral thinking and empathy;
- Have tendency of perfectionism;
- Concerned with justice, fairness;
- Tends to question authority

That's why they are different!
What are AE Elements?

- Citizenry & Service
- Efficacy & Habits
- Values & Character Education
- Social Competencies & Leadership
- Self Awareness & Management
Selected Focuses

**Self Awareness**
- Understanding giftedness
- Gifts, strengths and weakness
- Managing self, including emotion development, managing weaknesses and stress, building positive psychology
- Decision making skills; Problem solving skills; Evaluation & reflection
Selected Focuses

Self Management

- Respond to emotions in variety of contexts (EQ Goleman)
- Managing stress
- Planning for the development of personal talents; goal setting, review and evaluation
Selected Focuses

Social Competencies & Leadership
- Social skills
- Working collaboratively
- Leadership skills
- Communication skills
- Managing changing relationships
- Negotiation, refusal and conflict management
Sharing of AE Programme – “1+1” Groups

- This course design is based on creative problem solving (CPS), through which parents and children can enhance creative problem solving skills, make innovations and achieve breakthroughs.

- Parents and their child can improve communication through a range of parent-child activities as well.

"1" is primary student member

"1" is his/her parent

Oct 2015 – May 2016 (Fri night)
Sharing of AE Programme – “1+1” Groups

Objectives

**Children**
- facilitate children’s personal, interpersonal and emotional development
- develop interests and strengths of children
- learn to appreciate and accept gifted peers through interaction with them
- being given the opportunity of performance / project showcase

**Parents**
- enhance parents’ knowledge and skills in nurturing gifted children
- build up a support network among families and strengthen their positive energy
Sharing of AE Programme – “1+1” Groups
Evidence-based findings

Peer support groups → students’ affective needs → healthy growth

Programs, experiences → skills of social interactions + awareness of the needs of others

“1+1” Group:
• creating a conducive, and interactive learning environment for each other
• nurturing the affective development of gifted children

Dr. Joseph Renzulli
Joseph Renzulli
Sharing of AE Programme – “1+1” Groups
CPS Framework
Sharing of AE Programme – “1+1” Groups
Programme Design and Implementation

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<th>Session</th>
<th>Activity</th>
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<td>Session 1</td>
<td>Parent briefing</td>
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<tr>
<td>Session 2</td>
<td>Parent-child Relationship exploration I</td>
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<tr>
<td>Session 3</td>
<td>Parent-child Relationship exploration II</td>
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<td>Session 4</td>
<td>Creative Problem Solving (CPS) I&lt;br&gt;-Objective Finding, Fact Finding, Problem Finding</td>
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<td>Session 5</td>
<td>Creative Problem Solving (CPS) II&lt;br&gt;-Idea Finding</td>
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<td>Session 6</td>
<td>Creative Problem Solving (CPS) III&lt;br&gt;-Solution Finding, Acceptance Finding</td>
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<td>Session 7</td>
<td>Creative Project Dissemination</td>
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- Course (>10 hours)
- 2.5 hours @ session
- Student peer activities and parent consultation (30 mins) @ lesson
Sharing of AE Programme – “1+1” Groups
Parent-child design T-shirt together

1 (parent) + 1 (child) = yeah!

Enhance parent-child relationship through cooperation

Our creative products are born!
Sharing of AE Programme – “1+1” Groups

Reflection

Train self-reflection skills and analytical skills

Use systematic steps to solve problem

“Discussing and reaching consensus with child is time-consuming!” parents writes.
Sharing of AE Programme – “1+1” Groups

- Parents learned and communicated with their children through interactive games, and understood the importance of “letting go” and “being tolerant”.

- Throughout the activity, parents and gifted children learned more about one another by sharing their feelings and thoughts.
Sharing of AE Programme – “1+1” Groups

Value card

- Understand the values of each other through auction

Learn each other’s value. Reflect whether the parents or children dominates the situation, or they discuss the issue together.

Continuous self exploring / knowing oneself

Mastering creativity / being creative

Being influential to others
Sharing of AE Programme – “1+1” Groups
Value of life?
Sharing of AE Programme – “1+1” Groups
CPS Worksheet (Messy situation)

- Punching him.
- Self-defence by locking him up.
- Self-defence by locking myself up.
- Dial 999.
- Ask adults for help.
- Do nothing and let myself beaten up by him.

目標

My Little brother attack me, bother me and bite me day by day.
Sharing of AE Programme – “1+1” Groups

Sample of the Group Project - Teleporter

- “dissect you into atoms and send you to your destination”
- “for very busy people”
Group 2’s CPS project – Fantastic Shoes

- “we want to help poor people.”
- “…can generate electric, it can help lessen their daily burden.”
Portfolio

We have an overview of 1+1 group’s objectives, content, reports of questionnaires completed, student products during the sessions, learning journals and instructors’ comments!
Sharing of AE Programme – Affective Education Workshop

✔ To enhance their self-understanding by identifying the needs and challenges during the stage of Adolescence.

✔ To facilitate them to reflect and search for their own meaning of being gifted; and learn about managing stress, emotions and time.

✔ To equip with effective communication skills through exploring their personal social style.
Sharing of AE Programme – Affective Education Workshop
Overview of AE workshops

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<th>Self-concept</th>
<th>Self-management</th>
<th>Social relationships</th>
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<tbody>
<tr>
<td>Learn about the needs and characteristics of Gifted adolescents</td>
<td>Identify the positive and negative impacts of Perfectionism</td>
<td>Understand personal social style</td>
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<tr>
<td>Explore and reflect about the meaning of being gifted</td>
<td>Learn about managing stress and time-management</td>
<td>Realise the importance of empathy</td>
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<tr>
<td>Explore and deal with expectations of self and others</td>
<td>How to enhance resilience and be self-motivated</td>
<td>Building relationships and dealing with conflicts</td>
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Sharing of AE Programme – Let Us Shine

- To enable primary student members learn about what is gifted and the related characteristics
- To enhance their self-understanding
- To provide them the opportunity to connect with other gifted peers
- To set up a relaxing and safe learning environment for them to share their thoughts
What we do in “Let Us Shine”? 

- Interactive learning
- Experiential learning
- Group discussions
- Case studies
- Teamwork challenge
- Self-reflection
What we do in “Let Us Shine”?

- Build up their sense of belonging
- Understand about what is gifted and the related characteristics
- Equip with social skills
- Accept their self-identity as a gifted
What we do in “Let Us Shine”? Reflections
How to Implement?

Peer Support Groups

Encourage Self Learn by Explore and Experience

Skills Learning
References

