



Developing the **Self Esteem** of SEN Students through Adventure Based Learning Model

以活動歷奇模式發展**SEN**學生自尊

Mr Cheung kwok-man 張國文副校長



A. 簡介


1. 背景:

- SEN學生比例
- SEN學生類型
- SEN學生的家庭資本/社經地位



What Is Self-Esteem?

In psychology, the term self-esteem is used to describe a person's overall **sense of self-worth or personal value**. In other words, how much you appreciate and like yourself.






SEN ----

Without appropriate
adjustments -----


LOW Academic
Performance ----

Low self-esteem




A child with special needs perceives the world in their own manner, which can cause **frustration and anxiety** when they realize their limitations, or don't get the results they want to achieve. This can lead to a child acting up out of **anger**, or create **low-self-esteem**.

Suzie Dalien, M.Ed.



Low self-esteem may hold you back from succeeding because you don't believe yourself to be capable of success.



Hopelessness

+

Helplessness



安全環境，信任關係





Adventure Based Learning :

**Find things they
like to do**



體藝活動





仁濟醫院 靚次伯紀念中學
Yan Chai Hospital Lan Chi Pat Memorial Secondary School

單車隊





仁濟醫院 靚次伯紀念中學
Yan Chai Hospital Yan Chai Memorial Secondary School



團隊活動





仁濟醫院 靚次伯紀念中學
Yan Chat Hospital Ian Chi-Pai Memorial Secondary School

TEEN情計劃





仁濟醫院 靚次伯紀念中學
Yan Chai Hospital Memorial Secondary School

無毒校園藝術創作活動 (合作機構：禁毒處)





仁濟醫院 靚次伯紀念中學
Yan Chai Hospital Yan Chi Pal Memorial Secondary School

藝術治療研究計劃(合作機構：嶺南大學)



靜觀.減壓



Board Games





恒生 - YMCA

快樂 「球學」計劃



主辦



全力支持



香港中學基督教青年會
屬下社會企業
A Social Enterprise of
Christian YMCA of Hong Kong



恒生銀行
HANG SENG BANK



社區專題研習





仁濟醫院 靚次伯紀念中學
 Yan Chai Hospital Ian Chi-Pai Memorial Secondary School

學校因應發展需要，積極引入外間機構協作，與社區保持緊密聯繫。



醫院管理局
HOSPITAL
AUTHORITY



教育局



香港懲教署
HONG KONG
CORRECTIONAL SERVICES



仁濟醫院
Yan Chai Hospital



青年就業起點

Youth *E-Start*



HONG KONG
maritime
museum
香港海事博物館



香港國際機場
HONG KONG
INTERNATIONAL
AIRPORT



安老事務委員會
Elderly Commission



香港公益金

THE COMMUNITY CHEST



International Social Service
Service Social International
Servicio Social Internacional

Generala Servisiu Social • Servicio Social General • Servico Social General



長者學苑





仁濟醫院 靚次伯紀念中學
 Yan Chai Hospital (an affiliated Pat Memorial Secondary School)



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香港青年協會
 the hongkong federation of youth groups





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Yan Chai Hospital Yan Chi Pat Memorial Secondary School

勵勉學生大會

Use positive reinforcement.





4 Big Pillars of A.Based.


- ➡ 1. Interests
- ➡ 2. Process > Results
Use positive reinforcement.
- ➡ 3. De-briefings
- ➡ 4. Transferral




回歸課程：

適切的調適





增聘導師，為學生進行小組或個別輔導教學及成長支援，並有透過外購服務，引入**其他專業**同工的參與，作為輔助支援。



積極向有關老師提供照顧有特殊教育需要學生的**輔導方法及教學建議**，鼓勵科任老師進行**課程調適及作相關的特別安排**，並落實測考調適的安排。

建議：爭取外間資源



仁濟醫院 靚次伯紀念中學
Yan Chai Hospital Yan Chai Memorial Secondary School

成功申請學校起動計劃197萬
在未來兩年推動學生全人發展教育




Project WeCan
「學校起動」計劃



攜手扶弱基金
PARTNERSHIP FUND
FOR THE DISADVANTAGED

FOR THE DISADVANTAGED





1. Focusing on a child's talents, instead of dwelling on what they can't do, enforces the positive message that you believe in their abilities and want to see them succeed.

2. Giving them the assistance they need to build basic skills increases self-worth, self-esteem, confidence and value in their own abilities.

總結：

Help them Run for a Better Tomorrow !

